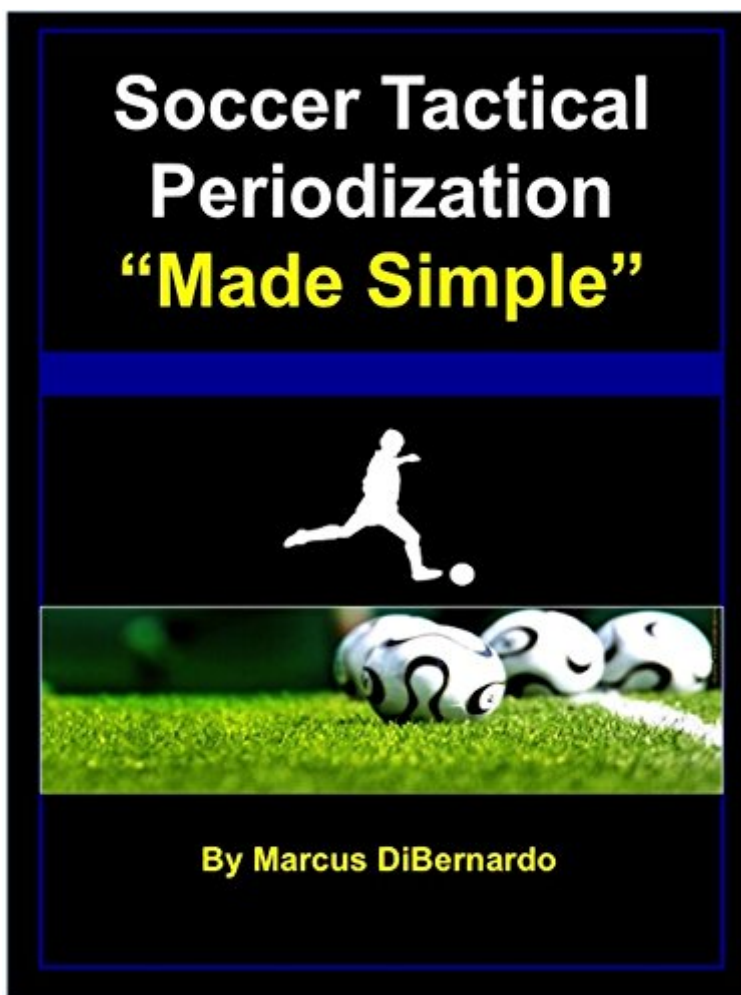


The book was found

Soccer Tactical Periodization "Made Simple": A Soccer Coaching Model



Synopsis

I wrote this book with the purpose of making the practice concept of "Tactical Periodization" simple and adaptable for coaches of all levels. Tactical periodization is a fantastic soccer-coaching concept, but it does not have to be exclusively for use in the professional soccer setting. I see great value in adapting the ideas of tactical periodization to fit all different types of coaching situations. Grasping the basics of tactical periodization will allow you to customize a practice program that works for you and your team. There is a reason why some of the world's top coaches believe in the process of "Tactical Periodization" - because it works. I guarantee "Tactical Periodization" will make you a better coach.

Book Information

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Customer Reviews

Good description explains the complex theory that is tactical periodization I would like to see how one would break down for high school as it is mentioned but not covered But well put together.

It is very informative and simple to read at the same time. It gives all sorts of good information on

the topic.

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